

Wednesday 18th March 2020

Dear Parents and Carers,

In light of the current situation and the possibility of school closures, we have put together a set of learning resources for your child to use at home, if school closes. It is important that your child does some of these activities each day and we suggest having a simple timetable to follow to help them stay focussed and in a routine. We'd also like to encourage children and families to stay active as much as possible.

1) [SeeSaw Online Learning Journal](#)

See Saw is a platform that can be accessed via any internet browser (Google Chrome, Internet Explorer, Safari) or an app can be downloaded on Android or Apple devices (SeeSaw Learning Journey). Please see the instructions attached to this letter.

SeeSaw will be used to set daily Maths and English tasks for the children in all year groups. For years 2 and 6 this will primarily be revision aids. It is a very simple platform to use and children can create responses on this platform to send in for review by their teacher. Topic work may also be set via this platform.

2) [Phonics Play - www.phonicsplay.co.uk](http://www.phonicsplay.co.uk)

All children in EYFS and KS1 will need to access our Phonics Play membership daily.

Username: march20 Password: home

On Phonics play, you will find games and activities that can be tailored to your child's current phonic learning. Please ask your child's class teacher if you are unsure of what phase your child is working on.

Please also access Phonics Play Comics which are decodable comics for Phases 2 to 5.

3) [Times Table Rockstars](#)

All children in KS1 and KS2 will need to access TT Rockstars daily. Battles will be set by class teachers for your children to take part in. This can be accessed via a free app that can be downloaded or via any internet browser. Your child has their own log in for this.

4) [Purple Mash](#)

Children can access Purple Mash via any web browser. A variety of activities are available from writing projects through to coding activities all available online.

Serial Mash is also available through this, which allows access to a variety of ebooks for your child to engage with. Your child has their own log in and is familiar with the layout of the site.

5) Your child will also be sent home with an exercise book and a pen/pencil. Each child will use this to be creative in their time at home. Please set them short writing projects, mathematical calculations, art activities and so on to complete.

6) Reading

Please listen to your child read daily. This can be with their school book, any books you may have at home, Phonics play comics, paper comics, newspapers, joke books and ebooks. Amazon Kindle Unlimited and Audible provide a free 30 day trial of ebooks and audio books. Oxford Owl is also a free valuable website that provides ebooks matched to the colour book bands within school.

www.oxfordowl.co.uk

7) Story Writing Competition

We are holding a story writing competition. Your child can choose to write their own theme for the story and prizes will be given upon return to school. Write up to 500 words in KS1 and up to 1000 words in KS2.

8) Good Hygiene Poster Competition

We are also holding a competition for children to create a poster on good hygiene. This is to promote good hand washing. Prizes will be given upon return to school and posters will be displayed around school.

9) Family Time

We'd like to encourage all families to play games during this period of potential school closure. Children learn lots from playing board games and card games as well as benefitting greatly from this precious time spent with family.

10) Stay Active

As a school we always encourage our children to stay active. There are several things that you can do at home that will keep this going. Joe Wicks has several videos called Active 5 and Active 8 that are short workouts designed to especially for children. These are accessible on You Tube. Children also enjoy taking part in Just Dance. There are plenty of videos available for children to join in with, please make sure you are being vigilant in checking the suitability of these for children.

11) Healthy Minds

There are lots of apps available that promote healthy minds and wellbeing. Some of the better ones are Go Noodle, Calmzone and Headspace. It is of vital importance that we try as much as possible to keep a healthy mind set during this time. This can include getting up at a reasonable hour, getting dressed as normal and spending some time getting some fresh air and being active in the garden.



Please encourage your children to also take part in a digital 5 a day.

This is 5 steps to better mental wellbeing. Please access the link below for more information.

<https://www.childrenscommissioner.gov.uk/our-work/digital/5-a-day/>

12) Online Safety

During this time it is inevitable that your child will be spending more time online. As a staff we just wanted to remind all of our families about monitoring your child's online activity to ensure they are being as safe as possible. Please have a look at Think You Know and Twinkl for Online Safety resources and information.

13) Twinkl

Twinkl is a website that has lots of resources available in all subject areas. They have created home learning packs that are accessible to all as they have made their premium accounts free during the period of potential school closure.

Please try to support your child's home learning as best you can. We appreciate that during this time, families may be unwell and/or working from home and so computer/device time may be limited for children.

We understand that the next few weeks will be difficult for our families and will impact us all in different ways. Please find below the contact details for various support helplines that may be of use to you or someone you know during this challenging time.

If you are extremely concerned about a child's immediate welfare, health or safety and feel it is an emergency please ring: 999

Health advice (Non-emergency) NHS ring: 111

Police (Non-emergency) 101

If you need some advice or want to share information regarding concerns for a child's welfare please ring MASH team on: 0161 253 5678

Domestic Abuse National helpline: 0808 2000 247

NSPCC helpline: 0808 800 5000
Childline helpline: 0800 1111
NHS Mental Health Service & Healthy Minds 0161 253 7216
Healthy Young Minds: 0161 716 1112
Samaritans helpline: 116 123
Turn2us (benefits advice/support) 0808 802 2000
Six Town Housing: 0161 686 8000
Porch Box (Bury Food Bank) 0161 761 5908

Please also do try to contact school as staff members may be available to take calls.

Please note - these services are available currently but this may change due to Covid 19's impact on services.

Thank you for your support with this and we wish all of our families well during this uncertain time.

Yours Sincerely,

Mr Lord and The Heaton Park Team