

Would you like to be able to:

- Learn how to stay calm in an **emergency**?
- Perform **CPR** on an adult, child or infant?
- Gain the **confidence** to be able to deal with a variety of childhood **accidents** and **illnesses**?
- Apply a **bandage** correctly and safely?
- Respond to a **seizure or choking scenario**?

Come along to our **free** 5-week course

**FAMILY FIRST AID FOR PARENTS AND CARERS**

for parents, grandparents and carers of children under 17

**Starting on Friday 20<sup>th</sup> September, 10:00-12:00**



Please call **0161 253 5772**

to book a place on the course at

**Bury Adult Education Centre**

**18 Haymarket Street, Bury, BL9 0AQ**