

PE Skills Progression Year 2

Year 2	Invasion Games (Competitive sports)	Gymnastics	Dance	Net and Wall	Striking and Fielding	Multi skills and athletics	Outdoor/Forest School
Key Skills	<p>Develop control and accuracy when moving with a ball in a variety of different games.</p> <p>Pass and receive a ball with more control and accuracy.</p> <p>Recognise the best ways to score points and stop points being scored.</p> <p>Recognise how they work best with their partner.</p> <p>Use different rules and tactics for invasion games.</p> <p>Make it difficult for opponents.</p> <p>Keep the ball and find best places to score.</p>	<p>Develop short sequences on their own.</p> <p>Use imagination to find different ways of using apparatus.</p> <p>Form simple sequences of different actions using floor and apparatus.</p> <p>Have a clear start, middle and end.</p> <p>Have a clear focus when watching others perform.</p> <p>Say when a movement or skill is performed well (aesthetic appreciation).</p> <p>Describe what they have done and what they have seen. (Make easier or harder. Use advice to improve.)</p>	<p>Use a range of vocabulary to describe moods and how dances make them feel.</p> <p>Perform dances using simple movement patterns with a clear start middle and end.</p> <p>On their own can remember and perform short dance routines to other children (1-8 steps)</p> <p>Evaluate and improve a dance performance by recording and viewing their rehearsals.</p>	<p>Use their skills to play end to end games, games over a barrier and fielding games.</p> <p>Use their ability to solve problems and make decisions.</p> <p>Watch others and describe what is happening.</p> <p>Talk about what they have done and how they did it.</p> <p>Participate in team games.</p> <p>Pass and receive a ball in different ways with control and increased accuracy.</p> <p>Perform fielding techniques with increased control and coordination.</p>	<p>Choose, use and vary simple tactics.</p> <p>Recognise good quality in performance.</p> <p>Participate in team games.</p> <p>Pass and receive a ball in different ways with control and increased accuracy.</p> <p>Perform fielding techniques with increased control and co-ordination (cricket, rounders)</p>	<p>Children will be taught how to use their bodies to:</p> <p>Sprint 30m under 6 secs</p> <p>Jump for height 15-19cm</p> <p>Jump for distance 60 - 89cm</p> <p>Leap hurdles 30m within 8 secs</p> <p>Overarm throw 10-19m</p> <p>Chest push 3-4m</p> <p>Run for longer distance 200m under 1:30</p> <p>Participate in Sports day</p>	<p>Den building.</p> <p>Leaf I.D.</p> <p>Bug hunt.</p> <p>Tree climbing.</p> <p>Art & craft making spiritual face/design with leaves, sticks, mud.</p> <p>Sessions on fire and safety.</p> <p>Small scale cooking.</p> <p>Making own tools.</p>

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	<p>Watch others accurately.</p> <p>Describe what they see and ask to copy others' ideas, skills and tactics.</p> <p>Participate in team games.</p> <p>Understand and develop tactics for attacking and defending. (hockey, netball, Football ,basketball, invasion games)</p>	<p>Develop balance, agility and coordination of travelling, stillness, jumping, timing, changing.</p>					
<p>When Taught and who by (black - sports coach) (green - class teacher)</p>	<p>Spring 2 Netball</p> <p>Summer 1 Hockey</p> <p>Autumn 1 Football</p> <p>Autumn 2 Basketball</p> <p>Spring 1 Invasion games</p>	<p>Spring 1 Gymnastics</p>	<p>Autumn 2 Dance</p>	<p>Autumn 1 Tennis</p>	<p>Summer 2 Rounders</p> <p>Spring 2 Dodgeball</p> <p>Summer 2 Cricket</p>	<p>Summer 1 Athletics</p>	<p>Autumn 1 & 2 Spring 1 & 2 AM Fridays</p>



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Vocab	pass receive attack defend tactics accurate control opponent	sequences travel coordinate coordination	perform performance routine audience coordinate coordination	fielding pass receive	tactics team	sprint hurdles long distance speed pace	
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