



A WARM WELCOME  
FROM THE  
PASTORAL TEAM

Here at Heaton Park Primary we want all our children to:

**Be brave!**



**Be kind & respectful**



**Feel safe & listened to**



But sometimes life is not  
all plain sailing.....





# Worry monsters



# Worry boxes





# Individual Sessions:

- Assessments
- Sand play
- Drawing & Talking
- Check in's
- Support in class
- Art & craft activities
- Brain breaks



# Small group sessions (2 – 6 children)

- Self awareness and self esteem
- Friendship groups
- Big emotions
- Transitions
- Restorative practice
- Lego therapy





# Outdoor Provision:



Thank you for listening, if you would like any further information in regards to pastoral support at Heaton Park Primary School please come and speak to one of us and we will do our best to answer your questions.

We hope you enjoy the rest of your visit today.

