



# YEAR 4J REMINDER

## SWIMMING LETTER

Dear Parent/Carer,

4J's swimming programme will start on **Monday 5<sup>th</sup> February** to **Friday 16<sup>th</sup> February 2024** and will involve your child having a 60 minute lesson **every school day** with a trained swimming instructor.

This will take place during school hours and your child will need to bring to school every day the following swimming kit:

- Swimming costume/trunks
- Large towel
- Children with long hair must have their hair securely tied
- Swimming cap and goggles are optional

We are aware that the children will be excited at the thought of having daily swimming lessons however high standards of behaviour will be expected each day. This is primarily for each child's safety but also to ensure that your child achieves the most that they can out of this intensive swimming programme. Please could you have a word with your child about appropriate behaviour at the swimming baths as poor behaviour may result in your child missing future lessons.

### Expected behaviours:

- *Walking* in, out and around the pool and other wet areas.
- *Listening* and following instructions straight away.
- To get changed *quickly, sensibly* and without fussing (only 10 minutes before the lesson and 15 minutes after to get changed)

We will be leaving school at approximately 10:30, children will be able to have their usual fruit snack before we leave (fruit tuck will not be available so please provide fruit from home). We will arrive back to school at approximately 12:40 and the children will go straight for their usual lunch.

Should you have any queries, please ask.

Thank you, Mrs Jackson